

Parent & Student Roles: Year 2 - Sophomore

SOPHOMORE YEAR

Student's Role

- Explore your interests, values and skills and how they relate to the world of work
- Learn about occupations and majors and make tentative choices
- Set short-term goals to explore alternatives in which you are interested
- Research different career options
- Start assessing your skills and knowledge
- Conduct informational interviews with professionals who work in the fields in which your interests lie
- Become familiar with company/organizational information
- Learn to write a resume and interview effectively
- Investigate opportunities for internships and other career-related experiences through campus interviewing, resume referral, *GT Job Connection* and the Web
- Summer: Obtain an internship or career-related experience in order to "check out" potential career choice

Parent's Role

- If your student is undecided about his/her career choice, encourage them to see a counselor in Career Services
- Talk with your student about the different career and major choices they are considering and listen to them talk about why they are of interest
- Encourage your student to follow their dreams and make the choices that fit for them regardless if you think they are "sensible"
- Help your child come up with a list of your friends or relatives that may work in a field of interest to them who they could contact for informational interviews
- Consider making the initial contact with your friends and setting up some informational interviews for your student

- Encourage your child to obtain career-related experience over the summer

Career Services' Role (document for parent orientation)

- Offer self-exploration assistance through the use of the Self Directed Search (SDS), eDISCOVER and career counseling
- Teach goal setting and decision making skills
- Connect the student with information about majors and careers in the Career Resource Library and Web resources
- Assist the student in assessing their skills and knowledge as they relate to the work world
- Contact professionals in the field
- Familiarize the student with company/organizational information contained within the Career Resource Library, and the Web
- Offer Interviewing Skills and Resume Writing Workshops and individual assistance
- Maintain internship and other career related opportunities through Companies on Campus and *GT Job Connection*
- Teach the student how to search for a career-related experience